

5 things to improve your self

Out of the box is not a new thing for succesfull people. They act differently, always think creative, and love uniqueness. They brave to take a risk when decide their path to reach their goals, unsuccessfull people do the opposite, they wouldn't take a risk and stuck in the comfort zone.

Through God's revelation on Al-qur'an Ar-Ra'd : 11

"For each one are successive (Angels) before and behind him who protect him by the decree of Allah. Indeed, Allah will not change the condition of a people until they change what is in themselves. And when Allah intends for a people ill, there is no repelling it. And there is not for them besides Him any patron."

Is it clear right? God ask us to do movement to changing ourselves, we must do some things not only stuck in the comfort zone but also improve ourselves.

There are 5 things that you can do to improve your self :

1. Be Creative

Smart is important, but when you can think more creative you have a point plus. To be creative people is create by experience. Just let your mind dig your creative side and let them to be real. But you have to remember that your creative mind must on the right track. If you are employee and you bored with your same daily activities you can try something new on your desk, like do knitting, writing an article on the website, etc.

2. Be Brave

Sometimes we buffer ourselves to not explore our potential, and the big reason is we afraid to try them. You must know that is a big mistake. You can write a list what you afraid about, start from the little thing to a big one and then after you list them you must make a big big big title "Challenge my self". And after you do that, you must push your self to try it one by one, even is a heavy thing to do but you must try it and if you success to do one or some of them you must give a BOLD checklist to give a sign that you have tried it.

CHALLENGE MY SELF

1. Eat banana ✓
2. Touching the worm ✓
3. Stay a lil bit longer in rush situation

3. Take an action

It's really not use if you just keep what you want on your mind, you must take an action. If you never try iy you will never know it the result. So just do it, but you must plan it so when you are not success on the first trial you can try it on the second third fourth and may be fifth times.

4. Be consistence

You have to be consistence when you try something, may be you will get bored when you failed on the few times. But it doesn't matter, just take a rest for a moment and then push your self to try it again, so when you finished refresh your self, you can take an action more clearly.

5. Be Positive

Sometimes when we have try to improve ourselves we facing a difficult things, but it is a normally thing. Is not only you who have an experience like that but almost everyone face the same. So when you have try to be creative and challenge your self to out of the box but you feel still not improving anything, don't be worry about it just keep forward and always think positive. Because when you set your mind to thankful about your achievement even still not in your level which you want and you set your mind to always have a positive thinking, universe will give you a positive energy and help you to reach your goals, and some people not realize it. God Always watch us and He has tell us about His help through His revelation in the Qur'an Ash- Sharh : 5 – 6

"For indeed, with hardship will be ease" – 5

"Indeed, with hardships will be ease" – 6

God has repeat his promise two time and God never ever broke His promise

SAMPLE

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