

Remove Skin Tags with Dental Floss

As many people know, dental floss is often used to remove food and any kinds of dental plaque between teeth that can't be reached by toothbrush. However, apart from its main function, dental floss is also a great tool to use for removing irritating skin tags on your skin.

Skin tags are a part of soft skin growth that can be found in areas where skin is easily to fold. Its resemblance is similar to a small grape. Usually, skin tags tend to exist around the armpits, eyelids, eyelids, necks, or under breasts. Although it is not dangerous, for some people, skin tags are considered as irritating since it makes the skin look bad. The best way to get rid of skin tags is to remove them from the skin.

Doctors often use special threads to remove skin tags from their patients. There are several threads that you can use to remove skin tags. However, if you want to remove the skin tag at home safely, then using dental floss is the best way, since its threads are thick so your skin won't be cut easily.

To remove skin tags by using dental floss, there are methods that you have to follow. By doing it properly, the skin tag will successfully fall off from the skin and only leaving you a little mark. Nevertheless, keep in caution for any signs of irritation. These also include excessive swelling and redness around the skin that surrounds the skin tag. When it happens, stop to use dental floss for avoiding any further implications on the skin.

Steps to Remove Skin Tags using Dental Floss.

1. Clean the skin tag and its area that you want to be removed. Use soap and water to prevent any excess dirt. Take a closer look on your suspected skin tag and make sure that they are not warts. If it happens to be warts, seek the doctor immediately or use suitable medicines to get rid of it.
2. Apply alcohol on every area that surrounds the skin tag. Then, tie the dental floss around the skin tag tightly to stop the circulation of the blood. After you have secured the floss around your skin tag, just leave it there for days.

3. Right now, all you have to do is waiting for the skin tag to fall off. Skin tags are able to grow because of the blood flow that they get from the body. Sterilize your skin tag by re-apply alcohol every day and cover it up with bandage so it does not get injured when having contacts with clothes or other things.

Notice how the skin tag gradually become darker and shrink from its actual size. When it is already appeared as small raisins, then it's time to untie your dental floss and let the skin tag to fall off by itself.

Side Effects of Removing Skin Tags by Dental Floss

Using dental floss is indeed the easiest yet the fastest way to remove skin tags from the skin. But, there are side effects that can happen as the result of removing skin tags by using dental floss.

First, it is possible to have sore around the surrounding area after the skin tags have been tied. Second, it is not a painless procedure. Right after the floss has tied the skin tags tightly, it can be a bit painful especially for the first 15 to 20 minutes and make the skin become sensitive when it was touched. Therefore, only using this method for skin tags that grow in visible area of the skin, and don't use it to remove skin tags in genital area.